Restoring Health-clearing the spike

- Dr Tina Peers MBBS DRCOG DFSRH FFSRH

- Naturopathic Wholistic Practitioner and co-founder of the Dr Peers Institute

- www.drpeersinstitute.org

- The Profound-Health-Summit
- 10th October 2026
- Amersham



My Journey
‘my mission has always been to help people be as healthy as possible’

- Background in General Practice
- Womens Health Specialist since 1993
- Developed an interest in MCAS in 2016
- Discovered how to treat acute covid in Spring 2020
- Opened one of the first Long Covid clinics in UK in November 2020
- Coerced into having 2 Covid shots April 2021
- Injured by the 2nd shot
- Was even more motivated to find a way of clearing the spike protein and could experience healing for myself!

What just happened?

Massive assault on scientific discourse, informed consent, body autonomy.

Lack of scientific process and data

Safety signals were ignored and are still being ignored

Mass censorship

What are we facing?

We are seeing ill-health daily

in our clinics,

in our hospitals,

Our communities

In our families

Very concerning 32% increase in infertility in all highly vaccinated countries

Please do your own research-the evidence is all there

Multiple Signals:

1. CEO Scott Davison, of One America Life insurance company, stated in the share holder meeting Nov 2021 that there had been an increase of 40% in claims in 25-44 year olds after the roll out of the mRNA injections to this age-group.
2. An extra 65,000 young lives lost in 6 months. More than in Vietnam war.

www.react19.org

>3580 publications

1. Pfizers own post marketing 6 monthly report published 28th February 2021 showed they were aware of:

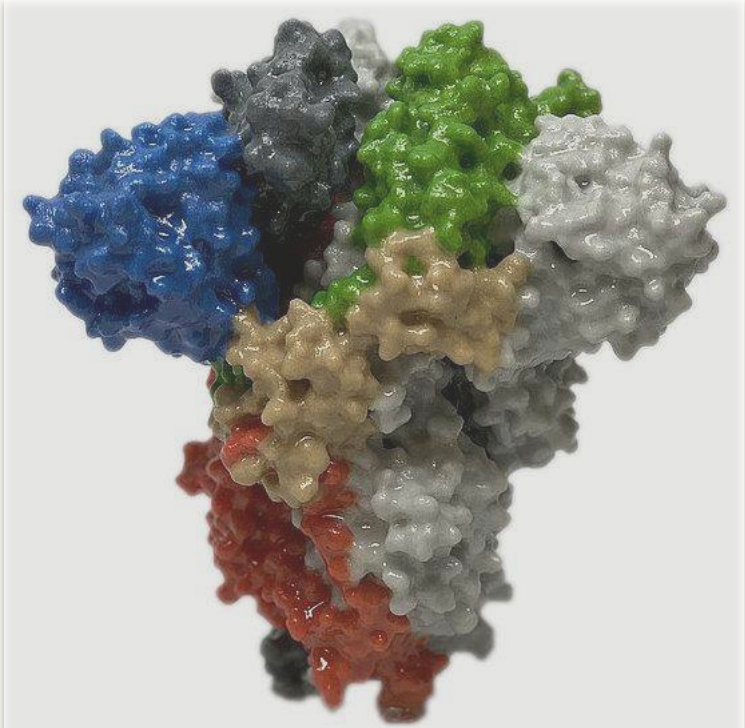
1223 deaths directly attributed to the injections

1221 serious adverse reactions (9 pages of alphabetically arranged conditions in Appendix A) odysee.com

2. International study conducted by the Global Vaccine Safety Research Project with over 99 million vaccinated individuals given 252 million doses-13 AESI studied:

Faksova, K. et al. (2024). COVID-19 vaccines and adverse events of special interest: A multinational Global Vaccine Data Network (GVDN) cohort study of 99 million vaccinated individuals. *Vaccine*, pp.S0264-410X(24)00127–0.

The Spike Protein



3D Print of Spike Protein (NIH)

Biomedicines. 2023 Aug 17;11(8):2287. doi: 10.3390/biomedicines11082287

‘Spikeopathy’: COVID-19 Spike Protein Is Pathogenic, from Both Virus and Vaccine mRNA

Peter I Parry [1,2,*], Astrid Lefringhausen [3], Conny Turni [4], Christopher J Neil [5], Robyn Cosford [3], Nicholas J Hudson [6], Julian Gillespie [3]

Editor: Daniel López

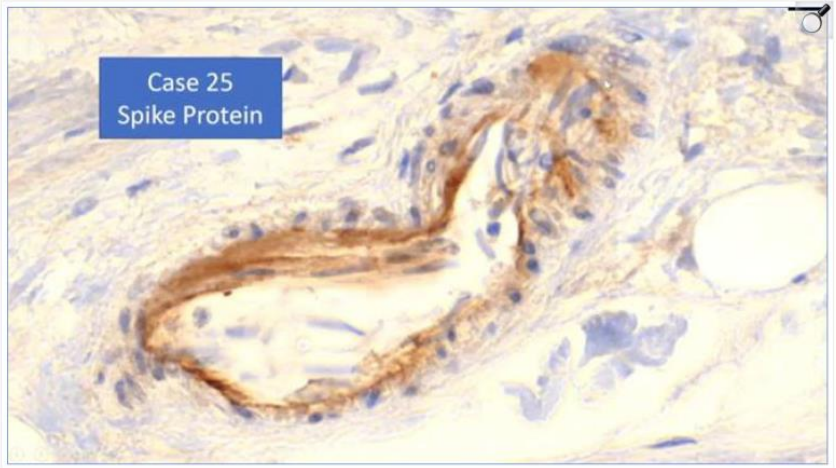
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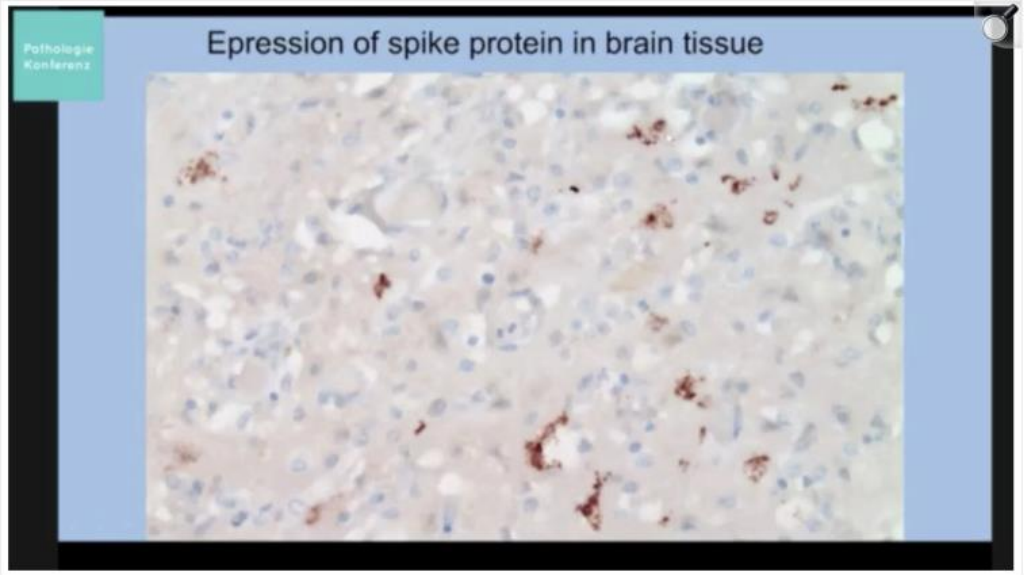
Spike Protein is a Toxin

https://pmc.ncbi.nlm.nih.gov/articles/PMC10452662/

From a German pathologist: seen when correct stain is used.
The spike protein is found throughout the tissues- ACE2 receptors are everywhere.



Spike protein in blood vessel wall from Burkhardt (2022a) [247].



SARS-CoV-2 Spike Protein in the Pathogenesis of Prion-like Diseases

Stephanie Seneff[1,*], Anthony M Kyriakopoulos[2], Greg Nigh[3] and Peter A McCullough[4]

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Abstract: Human prion protein and prion-like protein misfolding are widely recognized as playing a causal role in a large and growing number of neurodegenerative diseases. Here we summarize the compelling evidence that the spike protein of SARS-CoV-2 contains extended amino acid sequences previously established as characteristic of a prion-like protein. This suggests that vaccine-induced spike protein production is synonymous with production of a prion-like protein, and we trace some of the various pathways through which these proteins should be expected to traverse and distribute throughout the body. We describe some of the highly concerning biological consequences that would be expected to occur with increased frequency as a consequence. Specifically, we describe spike-protein contribution, via its prion-like properties, to neuroinflammation and neurodegenerative diseases; to clotting disorders within the vasculature; to suppressed prion protein regulation in the context of widely prevalent insulin resistance; and other health complications it could be expected to induce. We explain why these prion-like characteristics are more relevant to vaccine-related mRNA-induced spike proteins than natural infection with SARS-CoV-2. We conclude with some potentially ominous public health implications and recommendations for investigations of these possibilities.

Children's Health Defense

'Worst Yet to Come': As COVID Spike Proteins Slowly Take Toll on Endocrine System, Expert Warns of Rise in Hormone-Related Diseases

Since hormones can have slow and systemic actions, a dysfunctional or damaged endocrine system will generally be slow in its symptom onset and recovery, warned Dr. Flavio Cadegiani, a Brazilian endocrinologist.



SARS-CoV-2 Spike Protein in the Pathogenesis of Prion-like Diseases

... This suggests that vaccine-induced spike protein production is synonymous with production of a prion-like protein, and we trace some of the various pathways through which these proteins should be expected to traverse and distribute throughout the body.

What does spikopathy cause?

Microclots

Thrombosis: heart attacks, strokes, pulmonary emboli

Myocarditis

Immunosuppression

Neurological pathologies; Guillain Barre, tonic/clonic seizures, ALS

Turbo cancers

Prion diseases

Psychiatric disorders including suicidal ideation

Infertility

Miscarriages, preterm labour, intrauterine deaths, congenital abnormalities, maternal deaths

Mast cell activation, Dysbiosis (gut flora imbalance) resulting in reduction in GABA

Cells get stuck in cell danger response.

Long covid

- Previous history of undiagnosed and untreated MCAS
- Stuck in cell danger response
- Spike protein attaches to the ACE 2 receptors in all organs and on mast cells
- Constant trigger of spike protein
- We must remove all triggers especially the toxic spike protein!

Covid-19 hyperinflammation and post-Covid-19 illness may be rooted in mast cell activation syndrome

Dr Afrin, Molderings and Weinstock International Journal of Infectious Diseases Sept 10th 2020

Immunological Dysfunction and mast cell activation syndrome in long covid
Stevent sumantri, Iris rengganis Asia Pacific Allergy

The Clinical picture

Presents with multi-system, intermittent symptoms (cutaneous, GI, cardiovascular, neurologic, respiratory)

Often a picture of longstanding chronic inflammation with little relief.

+ /- History of Childhood trauma/mould exposure/peri-menopausal exacerbation

Cells are stuck in cell danger response

CDR

1. When CDR is triggered numerous biochemical changes occur
2. The mitochondria prioritize survival over function
3. Patients often become highly sensitive and react to everything
4. Cell death with extracellular ATP and mitochondrial DNA triggers the mast cells
5. Triggers must be removed and salugenesis restored (restoration of biochemical balances)

The Health Cycle

1. The Health Cycle as the foundation for all healing
2. Disconnection from nature as the root of chronic illness
3. Stage 3 interventions: light, circadian rhythm, grounding, magnetism : Building Biologist
4. Redox regulation, hydration, and the role of EZ water
5. Breath retraining, the BOLT score, and nervous system coherence
6. Cold exposure and photobiomodulation
7. Environmental coherence as the container for salugenesis
8. Healing as reconnection with nature’s rhythms and intelligence

All of critical importance

Augmented NAC

www.nacguide.org

The Ultimate NAC Guide

1. 22,234 published studies on the benefits of NAC
2. Covers 9 decades of scientific study of NAC
3. Direct links to the publications.
4. Divided into 13 system chapters/therapeutic domains

ADVANTAGES of AUGMENTED NAC

1. Increased absorption 15-25% v 60-80%
2. Increased bioavailability
3. 40 x more glutathione production
4. Potentiates vitamin C by a factor of 7
5. Now contains the most potent Vitamin C - Amla

ANAC and treating infertility

- Used in both male and female infertility
- Improves sperm motility, concentration and morphology
- The NAC can break the disulphide bonds between the spike protein and the KLK3

- In the laboratory:
- Augmented NAC has been shown to restore 97% of enzymatic activity of KLK3
- Ordinary NAC restores 47% of KLK3 enzymatic activity.

MECHANISMS OF ACTION

Detach, Denature, Detox (3-D Approach)

1. **Detaching** Spike from ACE2 Receptors

The spike protein attaches to ACE2 receptors, present in almost every organ in the human body, which it uses as "key" to access cells and cause severe health damage. Augmented NAC initially works by detaching the spike protein from ACE2 receptors.

2. **Denaturing** Spike

Augmented NAC denatures the spike protein (i.e., unfolds or disrupts its structure) by over 99%, rendering it inactive.

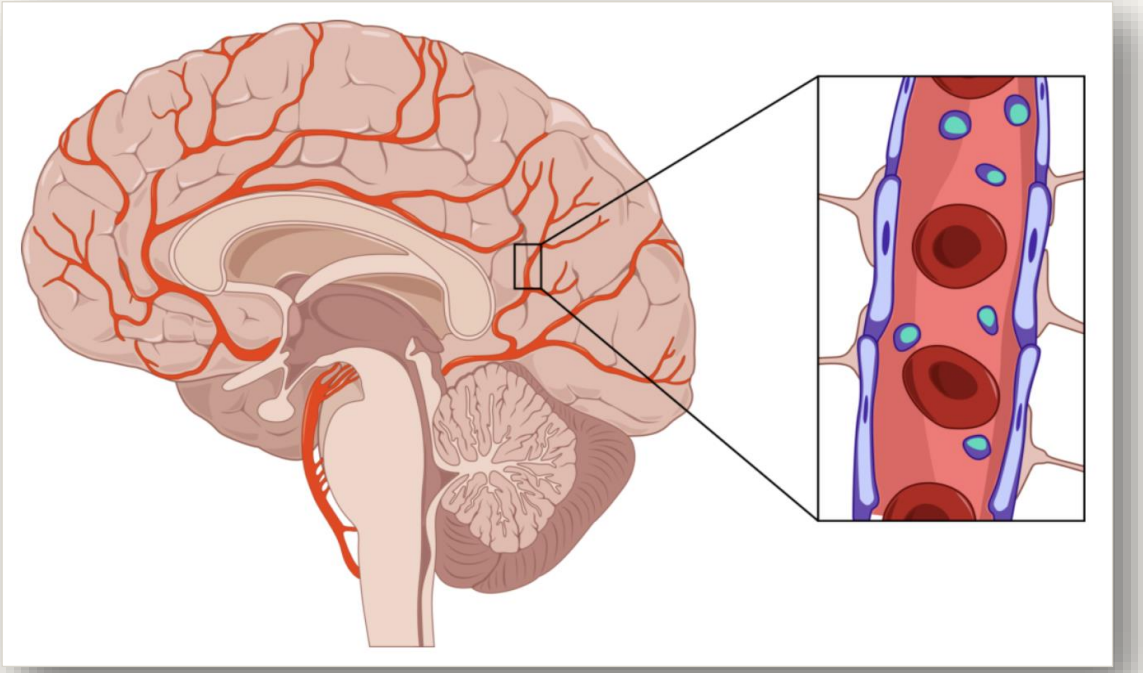
3. **Detoxifying** Spike from the Body

After denaturation, the spike protein is broken down and metabolized by the liver. As a result, fragments of the spike protein and/or its metabolites are excreted in the urine, detoxifying the body of this dangerous protein. The spike fragments can be detected using the newly developed research tool Urine Spike Test (UST).

Augmented NAC crosses the blood/brain barrier

The **spike protein** is capable of **crossing the blood-brain barrier***, leading to various forms of **neurological damage**.
This can start as brain fog and progress to more severe conditions, such as **Alzheimer's disease**, **prion diseases like Creutzfeldt-Jakob Disease** (CJD), and other serious neurological disorders.

N-acetylcysteine has the natural capability to **cross** the blood-brain barrier as well. **Augmented NAC** is particularly **effective** at **detaching and denaturing spike proteins within the brain**. Unlike other supplements, Augmented NAC possesses this capability, making it a crucial tool in addressing such neurological damage.



*The **blood-brain barrier (BBB)** is a protective shield between your brain and your bloodstream. It acts like a highly selective filter, allowing some substances to pass through while blocking others.

Protocol:

- One 200mg ANAC three times a day for 3 months, then one daily.
- It may be necessary to start slowly with one a day, gradually increasing up to the full dose. A detox reaction may occur.
- Some patients do ordinary NAC 600mg and activated charcoal (taken apart) for one week before commencing on the ANAC- *a liver detox*.
- https://store.augmentednac.com/?via=wellness
- Code for 10% discount: JRBQJXKZ

(applies to 90 capsule bottles when they are placed separately into the cart)

www.menopauseconsultancy.co.uk For the management of menopause, MCAS, and post covid sequelae

Dosing in children:

- > 2 years of age 200mg three times a day has been shown to be safe for children with chronic lung conditions (review of 27 studies with 1,500 children)
- lung conditions that involve thick mucus such as bronchitis, pneumonia and cystic fibrosis.
- NAC thins the mucus
- reduce inflammation, protect lung tissue from damage, and improve how antibiotics work by breaking down bacterial biofilms.
- Acute conditions 20mg/kg body weight

Photo-biomodulation technology

www.Lifewave.com/tinamaria

We then recommend Lifewave patches to help restore their health.

In particular:

X39 (increases GHK copper peptide)

Aeon

Carnosine patches

Case studies Please look at www.zerospike.org/en/testimonials

1. My vaccine injury and recovery with ANAC
2. 54 year old nurse Meegan with mycocarditis and heart failure.45% function to 100%
3. 17 year old , from age 12 severe OCD and suicidal ideation. Full recovery in days
4. 64 year old with tonic/clonic siezures
5. Michael Oesch in Canada ALS

‘Why can’t we talk about this’ 2024

https://www.youtube.com/watch?v=XwjDeRglkwg

Sequel 2026 Dean Rainey Film maker
please read some of the comments from other injured and bereaved people.

webinar with Dr Jared Roscoe



https://zerospike.org/spike-proteins-spikeopathy-cancer-and-turbo-cancer-why-augmented-nac-matters/

Password: Webinar2025!


ONLINE
CONFERENCES
AND SEMINARS IN
SARDINIA
"The village is a non-place, guardian of stories and lives lived."
We will be inviting like-minded healthcare professionals to our special center in beautiful Sardinia.
Watch this space!
Info@drpeersinstitute.org
In this "village", an ancient rural settlement that reached
its maximum expansion around the end of the 19th century, generations of children have succeeded one another as they grew older.

Thank you!

- Please register on www.DrPeersInstitute.org

1. You will have access to some PP presentations, there will be podcasts, newsletters and interesting content.
2. A place for practitioners from all modalities to be able to discuss, teach, learn and hear about some of the latest developments-particularly in the quantum field.

- www.drpeersinstitute.org
- www.menopauseconsultancy.co.uk
- www.Lifewave.com/tinamaria

